



# SKINPEN® MICRONEEDLING

PRE & POST CARE

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## PRE CARE

- Stop use of retinol and hydroquinone products 24 hours prior
- Avoid sun exposure and spray tans/lotions 48 hours prior
- Arrive with clean skin if possible
- Avoid exfoliating products 48 hours prior to your treatment
- No lasers or fillers 2 weeks before or after treatment

## POST CARE

- Treated area may be pink and mildly inflamed
- Avoid strenuous activity or perspiration for 48 hours
- Avoid use of topical products not recommended by your provider for at least 1 week post procedure
- Strictly avoid sun exposure for 24 hours as you will not be wearing sunscreen the day of the procedure
- Keep your skin clean of any cosmetics, makeup, or sunscreen for the remainder of the day
- For optimal results begin the skincare regimen below the day after your treatment

## RECOMMENDED POST TREATMENT SKINCARE

### DAY 1-5 POST PROCEDURE:

- Cleanse with Obagi Gentle Cleanser
- Apply Couture Hyaluronic Serum (no moisturizer)
- Apply Couture Ultimatte Sunscreen in the morning (reapply every 2 hours)

### DAY 6-10:

- Continue with above products and ADD Couture Lipid Repair Cream after Couture Hyaluronic Serum