

LASER TATTOO REMOVAL

PRE & POST TREATMENT CARE

CoutureMedSpa.com

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PRE TREATMENT INSTRUCTIONS

- No sun exposure or spray tanning 2 weeks prior to treatment.
- Area to be treated should be shaved.
- Clean treatment area with alcohol to remove makeup, lotion, etc.
- Photos are recommended before every treatment to document course of treatment.

POST TREATMENT INSTRUCTIONS

- Apply Aquaphor and ice pack immediately after treatment.
- Apply ice pack for the first day, no more than 3-5 minutes at a time.
- If tattoos treated on extremities, extremities should be elevated following treatment.
- No physical activities for 24-48 hours following treatment.
- Apply Vaseline or Aquaphor to keep area moist for 5-10 days or until healed.
- Bandage may be applied if blistering or scabs occur.